



# ISLE OF WIGHT COMMUNITY RESOURCES

## Food

- Isle of Wight Christian Outreach Program: 757-356-9267
- Senior Services: 757-461-9481
- The Salvation Army: 757-539-5201
- 211 Virginia: dial 211 or www.211virginia.org
- Rescue Friends Church Food Pantry: 757-291-6502

## Veterans Services

- Veterans crisis line: Dial 988 or Text to 838255
- Virginia Department of Veterans Services: 804-786-0286
- Western Tidewater Community Services Board (WTCSB), ask for Veterans Services: 757-758-5106

## Rent/Housing

- Isle of Wight Christian Outreach Program: 757-356-9267
- ForKids Housing Crisis Hotline: 757-587-4202
- The Genieve Shelter: 757-925-4365/After 5: 800-969-4673 Crisis Intervention/Emergency shelter for victims of domestic violence
- Catholic Charities of Eastern Va.: https://cceva.org/services/ or call: 757-456-2366

## Seniors

Senior Services: 757-461-9481  
assistance with meals,  
transportation, healthcare and  
more



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## Head Start

- The Children's Center:  
240 James St. Smithfield  
757-356-1004
- The Children's Center:  
236 Washington St.  
Smithfield 757-357-7177

## Utility Assistance

- Isle of Wight Christian Outreach Program:  
757-356-9267
- Virginia Poverty Law Center Utility Helpline:  
804-313-9363
- Isle of Wight Department of Social Services:  
757-365-0880
- Affordable Connectivity, Internet Service:  
877-384-2575
- SafeLink Wireless, Phone Services: 800-723-3546
- The Salvation Army  
757-539-5201

## Help with Taxes

- Community Tax Law Project: free tax advice  
804-358-5855
- Locate your Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE): 800-906-9887

## Legal Services

- Virginia Legal Aid Society Law Line for civil legal help: 866-534-5243 and www.vlas.org
- Smithfield Public Defender Defense for criminal cases: 757-562-0665
- Virginia State Bar Lawyer Referral Line (\$35 for 30 min. consult): 800-552-7977
- Virginia Legal Aid-Divorce Self-help: https://www.valegalaid.org/resource/virginia-do-it-yourself-divorce-instructions



# ISLE OF WIGHT COMMUNITY RESOURCES

## Help with SNAP, TANF, Energy Assistance, Medicaid, and public benefits applications

- Department of Social Services: 757-365-0880

## Mental Health Support

National Suicide Prevention  
LifeLine: Dial or Text 988

WTCSB Behavioral Health

- Same Day Services:  
757-758-5106
- Urgent Care Center:  
757-255-7133
- Crisis Call Center:  
757-925-2484

## Domestic violence Resources

- The Genieve Shelter  
757-925-4365/ After 5:  
800-969-4673 Crisis  
intervention and Emergency  
Shelter
- Virginia Abuse Hotline:  
800-552-7096
- National Domestic Violence  
Hotline 800-799-7233
- Childhelp USA National  
Hotline: 800-422-4453

## Addiction Recovery

- Narcotics Anonymous  
866-972-5055
- Alcoholics Anonymous:  
757-490-3980
- WTCSB Same day Services:  
757-758-5106



# ISLE OF WIGHT COMMUNITY RESOURCES

## Navigate healthcare benefits:

- Department of Social Services: [757-365-0880](tel:757-365-0880)
- Senior Services: [757-461-9481](tel:757-461-9481)
- Virginia Legal Aid Society - Healthcare Navigator: [434-907-6149](tel:434-907-6149)
- 211 Virginia: dial [211](tel:211) & [www.211virginia.org](http://www.211virginia.org)

## More

- Search engine for all types of assistance: [www.findhelp.org](http://www.findhelp.org) and <https://www.findhelp.org/money/financial-assistance--smithfield-va>
- Community Resources: Dial [211](tel:211) or [www.211virginia.org](http://www.211virginia.org)
- For US benefits: [www.benefits.gov](http://www.benefits.gov)

## Employment

- Suffolk Workforce Development Center: [757-514-7730](tel:757-514-7730)  
<https://www.suffolkva.us/540/Workforce-Development-Center>
- Paul D Camp Community College: [757 925 6312](tel:757-925-6312)
- Virginia Employment Commission: <https://www.vec.virginia.gov/>
- Hampton Roads Workforce Council: <https://www.theworkforcecouncil.org/>

## Medical & Dental

- Western Tidewater Free Clinic: [757-923-1060](tel:757-923-1060) for Medical, Dental, Vision
- Isle of Wight Christian Outreach Program: Dental Assistance [757-356-9267](tel:757-356-9267)
- Isle of Wight Health Department [757-357-4177](tel:757-357-4177)